

Inspire Encourage! Be A Mentor

Young people *with* mentors:

- ◆ Are less likely to begin using illegal drugs/alcohol
- ◆ Have fewer depressive symptoms
- ◆ Have better grades in school
- ◆ Have a better chance of going on to higher education

Inspire Encourage! Be A Mentor

What does it take to become a mentor?

“Young people need guidance to help them make positive choices.”



- 1 Have a caring heart
- 2 Attend mentor training
- 3 Meet weekly at school with a student
- 4 Make a one year commitment to the program



If you would like to become a mentor ...

or would like to find out more about the program, please fill in the information below and return the card to Partners in Prevention. If you are not interested, please pass this card along to someone else who may want to volunteer. Thank you!

Name: _____
 Daytime Phone: _____
 Home Address: _____
 E-mail Address: _____

DETACH HERE



Partners in Prevention

For more information visit PIP.LongviewTexas.gov/mentoring
 or call 903-237-1019 | PO Box 1952 Longview, TX 75606



Invest in the Future
Partners in Prevention: Forever Friends & Co-Pilots
PIP.LongviewTexas.gov/mentoring

Most people remember

with fondness at least one person who had a special, positive impact on their lives. This mentor was most likely someone who gave them extra attention, provided encouragement and communicated a deep belief in their potential. Unfortunately, many young people will not find such a person by chance...

“I have a better appreciation for all the stresses and pressures on today’s young people.”

“I feel I have made a difference in his life.”

Co-Pilots

Co-Pilots are volunteer adult mentors to boys. Men are matched with boys in first grade through high school. Mentors inspire and encourage young people who can benefit from additional adult support. Co-Pilots meet individually with their mentees weekly, using the ideas, games and activities they are given during training to help them work with youth. Planned group activities, such as field trips or sporting events, help strengthen and celebrate these relationships.

- Mentor boys first grade through high school
- Meet with mentees on a weekly basis
- Attend planned group activities, field trips, sporting events



“I’ve learned that even small things can make a big impact – a smile, a hug, a phone call.”

Forever Friends

Forever Friends matches caring women, who are willing to serve as mentors, with girls in middle school through high school. These mentors and girls meet weekly as a group on campuses during the school day. Throughout the year, activities and discussions are led by a group facilitator. An end of school event for all Forever Friends celebrates these new friendships. Forever Friends Too pairs elementary school-aged girls with committed women in individual or group settings at school.

- Mentor girls first grade through high school
- Meet weekly on school campuses during the lunch hour
- Participate in activities and discussions led by group facilitator



Place
Stamp
Here



Partners in Prevention

Forever Friends / Co-Pilots
PO Box 1952
Longview, TX 75606